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#### **Amanda Knox** guilty verdict reinstated

But American woman is set to appeal 28-year sentence PAGE 10

#### Labor of love or just laborious?

Metro's Reel Guys sweet on Labor Day's Winslet and Brolin, but less so on "the pie scene"

#### **AFRICVILLE** HONOURED

**CANADA POST** COMMEMORATES HISTORIC N.S. COMMUNITY WITH STAMPS PAGE 4



## Crosswalk report completed



School kids cross Lower Water Street in a marked crosswalk on Thursday. HRM's Crosswalk Safety Advisory Committee approved its final report and recommendations for improving crosswalk design and education earlier the same day. JEFF HARPER/METRO

**HRM.** Zebra stripes, improving pedestrian visibility, flags among recommendations going to standing committee



HALFY RYAN

After months of discussion, HRM's advisory committee on crosswalk safety has approved a final report suggesting changes like zebra stripes, curb bump outs, flags, and moving poles to improve visibility at crosswalks.

The committee finished its report Thursday, and the recommendations will go before the Transportation Standing Committee next week.

"I have a big expectation that over the next year things will get safer," said committee chair Coun. Barry Dalrymple.

Following last week's review of goals around education and enforcement, the committee focused Thursday on engineering initiatives such as zebra stripes at crosswalks instead of two parallel lines.

Dalrymple said the zebra

stripes should make a big difference in urban areas, but the recommendation to approve the use of crosswalk flags should help in suburban and rural areas where communities would bear the cost themselves.

"I can take that on more in my area. That's (one of) the differences that exist in HRM," said Dalrymple of his Fall River and Musquodoboit Valley district.

Other physical changes under consideration include curb bump outs that extend into the street and reduce the time a pedestrian is in the path of traffic; reflective tape around sign poles; and rubber signs about three feet high positioned on the centre line to alert drivers to the presence of a crosswalk.

The committee also said pedestrian-friendly design should be considered when creating crosswalks already approved in HRM's budget by pruning shrubbery and ensuring poles won't obscure a driver's view of a pedestrian waiting to cross.

Another recommendation suggests redefining the traffic authority's mandate to reflect more than cars, reduce certain speed limits, and approve neon

- Dedicated police analysts focused on crosswalk data
- Solar-powered flashing beacons on top of crosswalk poles
- More police enforcement
- · Means for public feedback
- Maintain crosswalk lines
- Work with other safety

crosswalk signs.

After the report passes the transportation committee it should end up in front of regional council in early March so some projects could make the budget for 2014-2015.

Dalrymple said the recommendations will generate "lots of discussion," but expects council to pass them because every councillor has been getting crosswalk complaints.

'Our job right ĥere was ... to make things better, and then it is very much in the hands of the people," said Dalrymple. "Take it seriously. Be aware."

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#### After Tim Hortons. Cop car hits pedestrian

Halifax Regional Police say a female pedestrian suffered minor injuries to one of her hands when she was hit by a police officer in a marked cruiser on the Bedford Highway.

The officer was leaving the Tim Hortons at 200 Bedford Highway around 6:40 a.m. Thursday when he struck a woman on the sidewalk.

"The officer stopped at the end of the parking lot before crossing the sidewalk," said Halifax Regional Police Const. Pierre Bourdages. "Because of the location, there's massive snowbanks on both sides of the driveway, so in order to see any traffic, the officer had to proceed across the sidewalk and wait for traffic to open."

Bourdages said the woman walked to the passenger side of the vehicle and tried to get the officer's attention, but was grazed by the fender as the vehicle started to turn into traffic.

The officer immediately stopped to help the woman, who didn't require any medical attention at the

A senior police supervisor assigned to investigate the incident Thursday morning interviewed the officer and pedestrian, and no charges will be laid.

"It did not meet the threshold for a ticket to be issued," said Bourdages. "Both the story provided by the officer and the pedestrian related the same information."

METRO



A man walks through the snow on the Halifax Common on Thursday. Nearly five times as much snow has fallen on HRM this month compared to January 2013 IEFF HARPER/METRO

# Snowy winter has not buried budget

**Looking good.** City official says HRM is on track to finish winter without exceeding the \$20-million budget

Despite this season's higher than average snowfall, HRM's acting superintendent of winter works says the municipality is still on budget.

"As a whole, things are going really well," said Darrin Natalino.

Slightly more than 70 centimetres of snow fell this January, nearly five times more than the same month last year.

Natalino said the majority of the snow removal budget is already fixed, guaranteeing the city a degree of "budget certainty."

He described the arrangement as a "perfect combination" of in-house work and performance-based contracts.

"I don't care if it snows once, twice or five hundred times," said Natalino. Besides expenses like worker overtime and extra salt and fuel, the budget is not majorly affected, he added.

By the end of December, the city had spent nearly \$7 million on winter works, about a third of its \$20 million budget.

That figure included everything from snow removal to the more than 21,000 tonnes of salt used so far this year.

Although almost double the monthly norm of snow fell last month, Natalino said December's higher-than-usual cost was mostly attributed to overtime expenses for work done on weekends and over the holidays.

Natalino said Halifax is still on track to stay on budget for its winter works by March 31, when the fiscal year restarts.

"I don't have a crystal ball," he said. "(But) at this point I really don't have any concerns."

GEORDON OMAND/FOR METRO

Enforcement

#### Parking ban

Since coming into effect on Dec. 15, the overnight winter parking ban has been enforced a total of 10 nights this season. It was enforced only six nights in all of 2012-13. Halifax police have issued 2,223 tickets so far this winter to vehicles violating the parking ban, not including Wednesday night. Last season they gave out more than 6,000. The fine for infractions is \$50.



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## Africville. Stamp marks 'historical moment,' Heritage Trust says

The unveiling of a new Canada Post stamp to commemorate the community of Africville is being welcomed by the Africville Heritage Trust.

Trust president Sunday Miller cited the event as an important historical moment that brings much-needed attention to the now deserted black community.

"It's a community that's being recognized and it's the first time they've done such a thing," said Miller of the Crown corporation's move in honour of Black History Month.

"They are recognizing the cultural significance of Africville to Canadian culture. It's wonderful that we have people on the stamp that are still alive today ... I think it's probably such a wonderful feeling for them."

One of two commemorative stamps that honour Black History Month, the 'Africville' stamp features a photograph of seven girls, all members of the community, set against a background illustration of the neighbourhood.



Africville stamp CONTRIBUTED

A once-thriving community, Africville was located along the shores of the Halifax Harbour under the MacKay Bridge.

The residents were relocated and the town razed in the 1960s in the name of urban renewal.

Although the fight against racism rages on, Miller said the stamp's unveiling is another step in the right direction.

"It's important to celebrate the good that happens when it happens," she said. "This a good thing we're very happy about."

ANDREW RANKIN/METRO

## Pictou. Pulp mill refused access to Crown land

The Nova Scotia government says it has denied requests from Northern Pulp and Paper for access to Crown land.

A spokeswoman for Premier Stephen McNeil says the Pictou County mill had asked to harvest an additional 500,000 green metric tonnes of fibre from Crown land.

Laurel Munroe says McNeil told a business luncheon Thursday in Halifax that the request was being turned down.

Don Breen, the mill's gen-

eral manager, says he was surprised to hear of McNeil's comments.

Breen says the mill believed the government was still considering its request, and he only learned otherwise through media reports.

When asked whether the mill had also been seeking financial assistance, Breen said the mill had not made any formal requests other than for the Crown land.

THE CANADIAN PRESS

#### Groundhog Day

## Spotlight to shine on Shubenacadie Sam once again

Nova Scotia's famous groundhog will make his annual weather prediction at 8 a.m. Sunday, but his guardians say the celebration will last all day.

"It's an opportunity for people to come out and have fun," said Theresa Adams, the assistant education co-ordinator at the Shubenacadie Provincial Wildlife Park. "Winter is long and dreary sometimes, so this is an entertaining break in the middle of it."

With Groundhog Day falling on Sunday, it's also a chance for the park to spread knowledge of World Wetlands Day through displays and activities like a guided hike around the wetland trail.

For those that can't make it to the park for Sam's prediction, it will be live online at www.novascotiawebcams.com/special/ shubenacadie-sam.html.

TRURO DAILY NEWS



#### Can't catch a break with this ice weather we're having

The ferry heads through some ice in the Halifax Harbour as it makes its way to Alderney Landing in Dartmouth on Thursday. Temperatures in the region dipped to -13 C vesterday. IEFF HARPER/METRO

# There's money in them tax bills

**Property values.** Expert tells Halifax business owners keeping a close eye on taxes could save them big bucks

#### GEORDON OMAND

halifax@metronews.ca

A property tax expert says paying attention to taxes could make a big difference in the bottom line of Halifax businesses.

"Take a closer look," said Giselle Kakamousias. "Property taxes are based on an opinion ... and it's always open to interpretation." The property tax veteran of 20 years is a division vice president at the real estate consulting firm Turner Drake Partners, which hosted an information session for Halifax business owners on Thursday.

"Property taxes are one part of a suite of costs that a business owner faces," she said. "So when they start to rise it becomes less affordable to run a business."

According to Kakamousias, property values are subject to sudden hikes depending on a variety of influences, including recent sales in the neighbouring area.

"If you got your water bill and all of a sudden it spiked 20 per cent, you'd ask questions,"

#### **Assessment increases**

Increase in property value assessments since 2009 in HRM:

- Apartments: +28%
- Offices: +26%
- Industrial: +29%
- Retail: +50%

Source: Turner Drake & Partners Ltd.

said Kakamousias. "Same goes for your assessment."

This year, the property value

for iconic Halifax gift shop Jennifer's of Nova Scotia rose by 16 per cent, despite a downturn in pedestrian traffic and overall business.

"Things have definitely taken a turn for the worst over the last two years," said owner Kurt Bulger, who attended Thursday's session to better understand the tax issues facing Spring Garden Road.

"A lot of business owners have their nose to the grindstone on a day-to-day basis making sure they keep their business up and running," he said.

"(But) pay attention," said Bulger. "It's the insidious creep of small issues (like property taxes) that will drive a business under."

#### Halifax business community calls on city to rethink taxes

Members of Halifax's business community are pushing the city to rework its tax system in the wake of a series of shop closures in the city's downtown.

"If we really want to see healthy main streets the city should really step up and make some changes," said Paul MacKinnon, head of the Downtown Halifax Business Association.

"They recognize that it is an issue, but they haven't really given clear direction to staff about what they want to accomplish"

Recent closures in Halifax include the Just Us! on Barrington Street and the Spring Garden Road shoe store fixture, Winsbys, which is slated to close in late February. "The lease rates and the tax rates downtown on Spring Garden Road is really driving a lot of the small independent businesses off of the side streets, or even out of business," said Kurt Bulger, owner of Jennifer's of Nova

"Nobody at the city seems to have any care or any worry about that."

MacKinnon said he would like Halifax to set a cap on the difference between the residential and commercial tax rate. The city's commercial rate is currently more three times that paid by residential property owners.

He also suggested Halifax create a lower tax rate for the urban core.

GEORDON OMAND/FOR METRO



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WEEKEND, January 31-February 2, 2014

# Premier seeks review of Bluenose II 'boondoggle'

## **Breaking point.**Rebuild of schooner

Rebuild of schooner plagued by infighting, delays, spiralling costs

The rebuilding of the Bluenose II, now two years overdue and well over budget, has become such a "boondoggle" that Nova Scotia's auditor general needs to investigate it, the premier said Thursday.

Stephen McNeil said his Liberal government submitted a letter Thursday asking for an audit to be completed during the 2014-15 fiscal year.

"We know this has been a boondoggle," he said after a cabinet meeting. "From the day we came into power, we've dealt with this. Our No. 1 focus is to get that boat in the water (this spring)."

The project has been bogged down by lawsuits, management infighting and political theatre, which the premier blamed on the previous NDP government.

He said his government is poised to unveil a new website to answer questions

#### **Embarrassment**

"This is a Nova Scotia icon. It's a Canadian icon."

Premier Stephen McNeil

about the troubled project, and a mediator has been asked to settle disputes between the project manager and the shipbuilding consortium hired to do the work.

"There's been a mentality in the last few years of, 'Let's sue everybody and fight with everybody," McNeil said.

Earlier this week, the Canadian Taxpayers Federation released documents showing the Lunenburg-based consortium rebuilding the vessel has routinely added hefty markups on its bills.

Progressive Conservative Leader Jamie Baillie said he's glad the auditor general will be stepping in.

The original budget for the project was \$12.5 million. The latest estimate stands at \$16.7 million, but the government has admitted labour costs will push that amount higher. THE CANADIAN PRESS



## Woman injured after flying car into apartment building



A 23-year-old woman was taken to hospital with nonlife threatening injuries after her car flew about four metres into the air and struck a Clayton Park apartment building.

Police say the red Fiat 500 left the road around 10 p.m., struck a fence, an embankment, then a small tree before launching into the air and striking the outside of an apartment building just past the intersection of Langbrae

and Parkland Drive.

"We're thankful nobody else was injured," said Halifax Regional Police spokesperson Const. Pierre Bourdages.

Bourdages said it's believed both speed and alcohol were factors and noted the road conditions were poor because of Wednesday's snowfall.

The woman was extricated from her car and taken to hospital with serious injuries, said Bourdages.

Langbrae and Parkland form a T-intersection, and Bourdages said the woman failed to turn left or right.

"Given the distance the vehicle travelled and the force of the impact, the vehicle was travelling at a high rate of speed," Bourdages said.

Bourdages said some apartment units were evacuated by firefighters.

No charges have yet been laid. HALEY RYAN/METRO

#### Second incident

This is the second time this month a car has crashed into an apartment building.

 On Jan. 2, a 76-year-old woman was taken to hospital after her car crashed into the groundfloor window of a Bedford apartment building.

#### Police investigation

### Apparent stabbing victims keep quiet

Halifax police are investigating a possible stabbing in Lower Sackville.

Three men arrived at the Cobequid Emergency Centre around 8:30 p.m. Wednesday with what are believed to be stab wounds.

"A male in his 30s was serious enough that he required surgery," said RCMP Cpl. Scott MacRae. The other men, aged 26 and 24, were treated for minor injuries.

MacRae said the victims aren't co-operating with investigators, but it's believed they were injured in a nonrandom incident.

"We're asking the public if they've seen anything suspicious, maybe men fighting, maybe some sort of disturbance, to give us a shout," he said. METRO

#### Have you seen him?

### Man has been missing for days

Police in Halifax are asking residents to help locate a man who hasn't been seen since Jan. 25.

David Allen Doucette, 44, was in contact with friends online on Jan. 28 and reported missing the next day.

A release from Halifax Regional Police states he's



to be driving a green Jeep Compass with the licence plate EJT 635.
Police

believed

say there's nothing to suggest he has met with foul play, but there is concern for his well being. METRO

#### Antigonish

## Garage fire may cost up to \$3 million

A provincial official says it could cost as much as \$3 million to replace three salt trucks and a garage destroyed in a fire at a depot in Antigonish last week.

Transportation Department area manager Paul Colton says he's meeting with officials to start the planning stage of the rebuilding process next week.

He says they're also trying to determine where new trucks can be pur-

According to Colton, two salt trucks on loan from other parts of the province will stay in the Antigonish area until the end of the winter season.

He notes that the exact cause of the fire may never be known. THE CANADIAN PRESS

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#### Health Canada. Morningafter pill to be studied due to questions over efficacy

Health Canada says it is studying the effectiveness of the so-called "morning after" contraceptive pills in the wake of news they aren't as effective in larger women.

The federal drug regulator says it is assessing new data that suggests a higher body weight could reduce the effectiveness of emergency contraceptives.

Health Canada says it is also looking at whether labelling changes are needed for all brands of the pills to reflect the problem.

The department's statement comes two months after French manufacturer HRA Pharma announced its emergency contraception pill doesn't work in women who weigh more than 176 pounds.

There are four brands of morning-after pills available without prescription in Canada: Next Choice, from Cobalt Pharmaceuticals; HRA Pharma's NorLevo; Option 2, from Per-

rigo International and Plan B from Women's Health Inc.

Health Canada says if it decides action needs to be taken, it will work with manufacturers to update labels and inform consumers.

The pills contain higher levels of levonorgestrel than standard oral contraceptives and work by preventing ovulation or fertilization of an egg. They can be taken up to 72 hours after unprotected sex or a contraceptive accident such as a condom breaking.

The pills do not have any impact if a woman has already become pregnant.

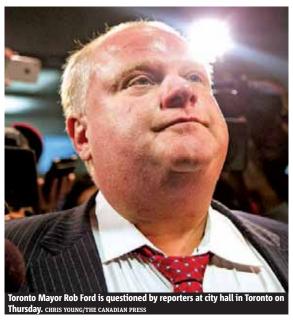
Health Canada says it is aware of a recent statement from the European Medicine's Agency alerting consumers to the fact that NorLevo's labeling had been altered to make reference to the observation that weight affects the efficacy of the medication.

THE CANADIAN PRESS



fter pills. remy de la mauviniere/the canadian press/the associated pres

## Ford: I'm no fan, but Bieber's not that bad



#### 'He's a young guy.'

Despite a preference for Rush, Zeppelin, Toronto mayor sticks up for pop star recently charged with assault in his city

Toronto Mayor Rob Ford is sticking up for another head-line-grabbing Canadian — Justin Bieber.

Ford was asked about the pop singer when he spoke by phone today to the Washington, D.C.-based Sports Junkies radio show.

Ford said Bieber is only 19 and asked the radio personalities to think back to when they were that age. On Wednesday, Bieber was charged in Toronto with assault.

Ford's comment on Bieber was: "He's a young guy, 19

#### Rieber's toxicology report

A toxicology report released Thursday shows that Justin Bieber tested positive for marijuana and Xanax after his arrest on DUI charges in Florida last week.

- The report also shows no presence of other illicit drugs in Bieber's system.
- A previous report found Bieber's blood-alcohol content below the .02 level considered intoxicated for under-21 drivers.

years old. I wish I was as successful as he was."

Ford says he's never met Bieber and is not a fan of his music, preferring Rush and Led Zeppelin.

THE CANADIAN PRESS

## Syrian toddler rescued from rubble

Fourteen-month-old Ghina Khalil is recovering in the northern Syrian city of Aleppo after being buried in rubble.

The stunning rescue, caught on video, corresponds to Associated Press reporting of events.

The footage shows a group of men frantically digging in the dusty rubble of her home after an alleged airstrike on Jan. 22.

Amid cries of "God is greatest," the toddler's curly-haired head can be seen emerging from the dust, as the men scoop away handfuls of concrete with heir bare hands. With her arms freed, the girl reaches up to wipe her eyes in a sign of life. According to the activist who filmed the video, uploaded to the Internet by the Nur Media Centre, the girl was completely buried for at least three minutes and her mother was killed in the attack. A video taken later showed Khalil in new clothes, with no visible injuries. THE ASSOCIATED PRESS



out of rubble in Aleppo, Syria.



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## Super Bowl sex ring busted: Officials

#### 'Party packs.'

Texts advertising cocaine and sex combos were allegedly sent to clients

Officials say 18 people are being rounded up in New York City on allegations they sold "party packs" of cocaine and sex to high-end clients and texted clients to advertise ahead of this week's Super Bowl festivities

The officials say the arrests follow an 11-month investigation by state and city authorities. The law enforcement officials with knowledge of the oper-

ation spoke to The Associated Press on condition of anonymity because they weren't authorized to disclose it before court filings Thursday.

Thursday.

They say surveillance shows the ring laundered money and credit cards through clothing, wig, beauty supply and limousine businesses and target-

ed wealthy out-of-town customers, especially during large events.

Prostitutes would bring cocaine to clients who ordered the so-called party packs.

The text sent 10 days before the Super Bowl says "new sexy & beautiful girls R in town waiting for u."

THE ASSOCIATED PRESS



## Sochi. Olympic organizers 'clarify' statement: Athletes free to express themselves

A day after the head of the Sochi organizing committee appeared to contradict IOC president Thomas Bach on the rights of Olympic athletes to freely express themselves at news conferences, organizers issued a backpedalling statement Thursday "to clarify" their position.

Dmitry Chernyshenko said Wednesday that he didn't think athletes were allowed to speak about non-sporting issues at official Olympic news conferences. On Monday, Bach said athletes would be free to

"The Sochi 2014 Organizing Committee would like to clarify comments attributed to Dmitry Chernyshenko yesterday concerning athletes being able to express themselves during press conferences. Sochi 2014 are fully aligned with the position of the International Olympic Committee," the committee said in a statement.

THE ASSOCIATED PRESS

#### Montreal

## Woman dies after scarf caught in escalator

A woman was strangled and died Thursday after her scarf and then her hair got caught in the mechanism of a Montreal subway escalator.

Police say the victim was a 48-year-old woman.

The accident happened at around 9:15 a.m., during the morning rush hour.

THE CANADIAN PRESS



#### Protesting en pointe

Ballet dancer Alexandra Portyannikova, wearing handcuffs and braving the -20 C weather, takes part in a protest in Moscow on Thursday. It was organized by Amnesty International to draw international attention to human rights violations in Russia. IVAN SEKRETAREV/THE ASSOCIATED PRESS

#### Valerie Trierweiler.

## France's former first lady says she has no regrets

"Je ne regrette rien."

That's what France's former first lady, Valerie Trierweiler, told the weekly Paris Match amid the drama of being dumped by French President Francois Hollande for a younger actress.

Trierweiler and Hollande seem to be keeping things civilized, though. Since the president announced their split over the weekend, they have apparently continued to talk and text.

Trierweiler, speaking to journalists on a trip to India this week, described for the first time some of what led to their breakup. She seemed to be trying to smooth over her reputation and win sympathy from the French, who have never really warmed to her.

Trierweiler blamed the deterioration in their relationship on Hollande's ascent to the presidency, the country's



#### Quoted

## "When I found out, it was like I had fallen from a skyscraper."

Valerie Trierweiler, on finding out French President Francois Hollande was having an affair.

macho political culture and the shock of learning about his affair with French actress Julie Gayet. The associated press

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metronews.ca
WEEKEND, January 31-February 2, 2014

## Handed 28 years, Knox set to appeal once again



**Guilty verdict upheld.**U.S. defendant calls ruling 'unjust'

An appeals court in Florence on Thursday upheld a guilty verdict against U.S. student Amanda Knox and her ex-boy-friend for the 2007 murder of her British roommate. Knox was sentenced to 28 and a half years in prison, raising the spectre of a long legal battle over her extradition if the conviction is confirmed.

Lawyers for Knox and her co-defendant, Raphael Sollecito, vowed to appeal to Italy's highest court, a process that will take at least another year and drag out a legal saga that has divided court watchers in three nations.

In a statement from her mother's home in Seattle, where she had awaited the verdict, Knox said she was "frightened and saddened" by the de-

#### Dismayed

#### "She was petrified. Silent."

Carlo Dalla Vedova, Amanda Knox's Italian lawyer, explaining his client's reaction over the phone when he told her of the sentence set by a Florence appeal court.

cision

The court reinstated the guilty verdicts first handed down against Knox and Sollecito in 2009 for the death of Meredith Kercher. Those verdicts had been overturned in 2011, but Italy's Supreme Court vacated that decision and sent the case back for a third trial in Florence.

Kercher, 21, was found dead Nov. 2, 2007, in a pool of blood in the bedroom of the apartment she and Knox shared in the central Italian city of Perugia, where both were studying. Her throat had been slashed and she was sexually assaulted. THE ASSOCIATED PRESS

## **Ukraine.** President's sick leave fuels ruse rumours

In the midst of Ukraine's unending political crisis, its embattled president went on sick leave Thursday, leashing a tidal wave of conspiracy theories since protesters have been demanding his ouster for months.

manding his ouster for months.

The 63-year-old Viktor
Yanukovych has an acute respiratory illness and a high fever, according to his presidential website.

Vitali Klitschko, leader of the opposition party Udar, suggested that Yanukovych could be pretending to take himself out of action in preparation for imposing a state of emergency. That has been a persistent worry of the opposition since protesters clashed violently with police two weeks ago, killing three demonstrators.

Yanukovych has faced two months of large protests that have sometimes paralyzed the centre of Kyiv, the capital.

THE ASSOCIATED PRESS



### 'Touched' Pope sends blessings to L'Isle-Verte as a gesture of comfort

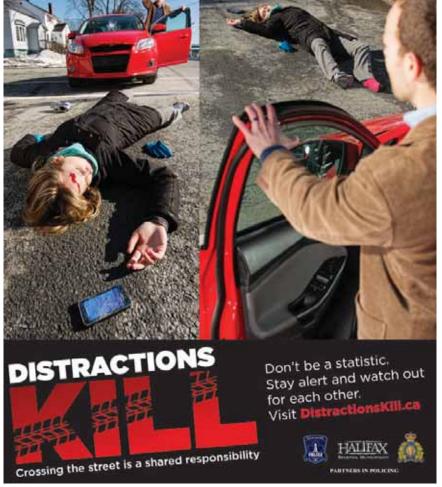
Pope Francis offered his spiritual support Thursday to a Quebec community devastated by a fire at a seniors' home that has left 19 people confirmed dead.

Thirteen people were still missing following the early morning blaze at Résidence du Havre in L'Isle-Verte on Jan. 23.

The Pope's sympathies follow those of the Queen, who offered her condolences a day after the fire.

Vatican Secretary of State Archbishop Pietro Parolin wrote that Pope Francis was immediately touched by the tragedy upon learning of it. Pope Francis imparted a special apostolic blessing "to all those affected by this tragedy" as a "sign of comfort," he added.

The residence had 52 units and many of its occupants had limited mobility, needing wheelchairs or walkers to get around. THE CANADIAN PRESS









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metr⊕ **BUSINESS** metronews.ca WEEKEND, January 31-February 2, 2014

#### **Market Minute**



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**Natural gas:** \$4.92 US (-\$0.55) Dow Jones: 15.848.61 (+109.82)

#### Trimming fat

#### **Best Buy Canada** cuts 950 workers

Best Buy Canada is laying off about 950 full-time employees as the company reworks its operations to reduce layers of management and combines some of its sales departments.

The electronics retailer said the job cuts will affect both its Best Buy and Future Shop stores across Canada. THE CANADIAN PRESS

#### Economist warns

#### Loonie may go as low as 85 cents

Watch for the loonie to lose more of its luster this year, according to two wellknown bank economists.

Craig Alexander, chief economist for TD Economics, warned that consumers could see the Canadian dollar slide as low as 85 cents US by mid-year — a level it hasn't closed below since May 2009. The canadian press

#### Hibernation during big chill freezes bottom line

Barbers Tarris Horton, left, and England Wesley play a video game, with one-year-old Kannon Wesley watching at right, while they wait for customers at Hair on the Floor Barbershop in Covington, Ky. Wesley says business at the barbershop, which depends heavily on walk-in clientele, has been down about 90 per cent in the past several weeks. The January deep freeze wrought by the polar vortex in the U.S. Midwest, a big snowfall in the Northeast and abnormal cold and snow in the Deep South has moved many to hibernate — hitting hair salons and other businesses that rely on walk-ins and appointments, including restaurants and health-care specialists. THE ASSOCIATED PRESS

## Star fizzes up debate on Israeli settlements

Oxfam tiff. Scarlett Johansson opts to stick with Tel-Aviv-based company SodaStream

Scarlett Johansson has parted ways with the international charity Oxfam because of a dispute over her work for SodaStream, a company operating in a West Bank settlement.

Johansson became the latest casualty of a widening campaign to boycott the settlements, drawing atten-

#### **Under pressure**



"I remain a supporter of economic cooperation and social interaction between a democratic Israel and Palestine."

Scarlett Johansson, responding, in a public statement released Friday, Jan. 24, to the outcry over her relationship with SodaStream

tion to a larger debate about whether Israel will become an international pariah, at a steep economic price, if it fails to reach a peace deal with the Palestinians. Israeli Finance Minister Yair Lapid stoked such fears this week, warning that if negotiations break down "and we enter a reality

of a European boycott, even a very partial one, Israel's economy will retreat backward and every Israeli citizen will feel it straight in the pocket."

His comments reflected a growing sense in Israel that the coming weeks will be decisive for the country's future. THE ASSOCIATED PRESS

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## THE HAT THAT LAUNCHED 76K RETWEETS

Here's some of the great stuff that's been trending on social media — not including #JustinPleaseComeToTurkeyOnHolidays and Justin turning himself in to Toronto police. Sorry, I need a break from the Biebs—or sab-

Bell Let's Talk. The hashtag #bellletstalk 1 Bell Let's Talk. The hashing mount of the time of three million tweets for the Fourth Annual Bell Let's Talk Day Tuesday, where Canadians break the silence around mental illness. More than \$5 million was raised to support mental-health initiatives across the country. Even Rogers tweeted out to use the hashtag. Beautiful day showcasing power of Twitter to effect change.

**Arby's.** What people loved the most about the Grammys was Pharrell's Hat—it resembled Smokey Bear and Arby's restaurant logo. Hats off to Arby's who won the day with the tweet: "Hey @Pharrell, can we have our hat back?" It garnered more than 76,000 retweets. Pharrell responded: "Y'all tryna start a roast beef?" Another coup for brands using humour. Titanic recreation. Leonardo DiCaprio crashed Jonah Hill's SNL

monologue as Hill mocked his Wolf of Wall Street co-star. Jo-

**Neil Morton** 

could they do that thing "that made me feel safe" on the movie set. That thing was a reenactment of the Titanic "I'm flying" scene. **Terrence Ross.** In a spectacular display, the To-

4 ronto Raptor forward —last year's all-star slam dunk champion — put on a game for the ages, scoring 51 points against the LA Clippers and tieing Vince Carter's team record. What makes it more remarkable? Ross entered the game averaging just 9.3 points per game.

nah apologized and said to soothe his nerves,

Air Canada comedy skit. Shaun Majumder did a parody of Air Canada's customer service on This Hour Has 22 Minutes, playing "Trevor" an Air Canada rep who outlines ridiculous options for people needing help. The point: Customer service is No. 1. So don't just say it, make it No. 1.

6 Instagrammy hit. An Instagram montage summed up style at the Grammys with a picture of Stormtroopers (Daft Punk), Wednesday from The Addams Family (Lorde), a Canadian Mountie (Pharrell's hat) and a wet dog (Beyoncé's hair). Suddenly, I feel just fine being ordinary in plaid and skinny

**Budweiser ad.** A heartwarming Super Bowl ad called Puppy Love starring a Clydesdale that comes to the rescue of a golden retriever puppy had more than five million views on YouTube (#bestbuds) since being released. Goes to show once again that funny and/or sentimental ads that don't push the product down your throat have the most impact.

Poutine. Watch out for La Poutine Week, which runs Feb. 1 to 7 as more than 100 roots was a second of the runs Feb. 1 to 7 as more than 100 restaurants across the country will be creating their own version of poutine for \$10 or less, and Canadians will get the chance to choose their faves. #lapoutineweek.

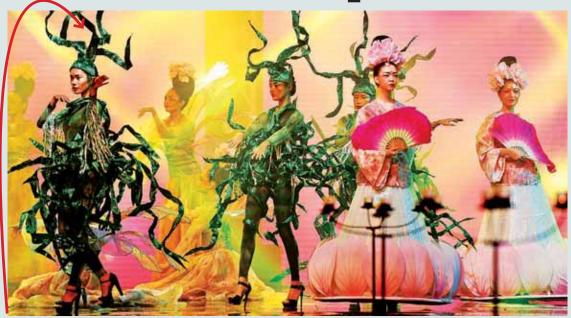
Bachelor Wedding. Catherine Giudici and Sean Lowe tied the knot in front of family, friends and past stars from The Bachelor and The Bachelorette. Lowe's father officiated the ceremony and called it "an epic fairy tale." Slight proof that reality TV works in the real world sometimes.

10 **Flappy Bird.** This frustrating game with rudimentary graphics involving a flapping bird that has to stay airborne while avoiding pipe barriers is inexplicably all the rage right now on the app store. It's utterly addictive and is being hailed as the new Angry Birds. Goes to show again there is no accounting for Follow The Metro List on

Twitter @TheMetroList



## This calls for an opera!



#### For the Year of the Horse, of course

Actors perform on stage during The Beauty of China Opera show at Pakuwon Imperial Ballroom in Surabaya, Indonesia, as part of the Chinese New Year celebrations known as the

Spring Festival or the Lunar New Year, welcoming the Year of the Horse.

Chinese communities around the world were gearing up for the holiday. Based on the Lunisolar Chinese calendar, the new year is celebrated from the first day of the first month of the lunar year and ends with the Lantern Festival on the 15th day. GETTY IMAGES/THE CANADIAN PRESS

China's Lunar New Year migration is often referred to as the largest movement of people anywhere, with 3.6 billion trips of all lengths by bus, plane and train expected to be made over the 40-day travel rush. While still an annual ritual for millions working far from home such journeys are being shunned by many of the newly prosperous who are increasingly using the holiday to fly to overseas.



in Beijing. Mainland China will be virtually shut down for the next



A month has passed since the New Year — are your diet plans still on track? Don't feel ashamed if you've let them slip; it happens to the best of us. Here are some apps to help you maintain your diet goals:

#### My Fitness Pal:

Track your weight, food intake and activities with this free app. You can set calorie intake goals, log your meals, and find nutritional info through the food diary. Each time you log in, you'll be reminded of your achievements. The weight loss is tracked on a chart to show your progress or lack of. You can also connect to your "fitness pals," if you need a friend to keep you motivated.

#### FatSecret (free):

Find out the nutrition information from your favourite foods, brands and even restaurants with this free app. There's a barcode scanner for info from store bought items. A food diary will

help you keep track of your diet, along with the exercise log and diet calendar to track calories consumed and burned. It also provides healthy recipes.

#### My Net Diary (\$9.99):

Make tracking your weight and food intake hassle-free with this easy-to-use app. It contains an extensive food database providing nutritional info for your favourite products. One neat feature is, if a food is not in the database, you can use the PhotoFood service to send a photo of the item to My Net Diary and they will enter or update the food for you. The app will also send you a weekly analysis of your progress, including vour water intake.

#### Twitter

#### Beloved Internet cat



@colonel meow • • •

passed away at the age of two years, three months. Do you have any special final thoughts for the ultimate furry feline?

**@FMNsocial:** Enjoy the Rainbow Bridge, dear @ colonel\_meow Your furry face will be missed!

@k\_kosie RIP @k\_kosie colonel\_ meow #neverforget furry paw of dictatorship. #scotch for all in his

**@rebverb** Hopefully he gets the military funeral he so deserves. #RIPColonelMeow

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#### Synopsis

Based on Joyce Maynard's novel of the same name, the action in Labor Day begins when a wounded, escaped criminal (Josh Brolin) hides out in the home of two strangers, Adele, a depressed divorcee (Kate Winslet) and her 13-year-old son, Henry (Gattlin Griffith). What begins as a hostage situation slowly changes as the stranger's sensitive side is revealed and he becomes a surrogate father figure for Henry and companion for Adele.

- Richard: ••••
- Steve: ••••



A tale of love and pies

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#### RICHARD CROUSE AND MARK BRESLIN



Labor Day. Josh Brolin and Kate Winslet showcase an unexpected spark in this sweet Stockholm Syndrome story

Richard: Mark, it's been said that 90 per cent of the director's job is casting, and on that score Jason Reitman has knocked it out of the park. Labor Day is essentially a three-hander with Winslet, Brolin and Griffith responsible for the emotional weight of the movie. Griffith is convincing as a youngster abruptly placed in the position of son and surrogate spouse, but it is the leads that really carry the movie. Winslet is delicate and effective as the world-

weary Adele while Brolin hands in another of his manly man performances, tempered by a hidden sensitive side. I'm curious to hear what you thought.

MB: You bet it's the acting that makes this one work, Richard! There's genuine chemistry between Winslet and Brolin. Brolin is so good I could actually believe his escaped convict could be innocent — no small feat. But the movie, set in 1987, feels like it could have been made in 1987. It's so square compared with Reitman's other work, which I adore. Only someone who's never seen a movie before wouldn't be able to figure out where the story was headed. But you can admire the film's quiet, stately pace, even if the whole thing feels like it's ripped out of a Harlequin romance novel. Don't get me started on the pie scene.

RC: I liked the pie scene. I don't want to give anything away for people who haven't seen the movie, but imagine the scene from Ghost with pastry instead of pottery and you'll get the idea. It's just wonky enough to spice up the story, and I thought Brolin pulled it off. Of all the leading men out there right now he's the only one I can think of to have the old school Lee Marvin grit to still look badass while folding pastry.

MB: Me, I just laughed, until I was shushed by a middle-aged woman in the back row ... I think the movie would have been more interesting if you weren't convinced from the start that Brolin was a good guy and if Winslet's romantic

despair weren't quite so acute. Luckily, Griffith provides a good foil for both of them and distracts the viewer from these issues. One thing I really liked about the movie is its shortened time frame: the entire story takes place over one weekend and it sharpens the plot and the tension.

RC: Even though the movie takes place over one long weekend it does take its time to develop the relationship between Adele and the mysterious stranger. Because Reitman takes his time unveiling the relationship, it's a bit more believable than the story might otherwise have been. You're left with the question, "Is it Stockholm Syndrome or true love?"

MB: True need, Richard, and that's close enough for me.

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#### Comedy



#### That Awkward Moment

**Director.** Tom Gormican

**Stars.** Zac Efron, Michael B. Jordan

• • • • •

That Awkward Moment is aptly titled mainly because this film is full of them. Zac Efron is one of three libertine buddies transitioning from the sex-addled single life to monogamous devotion. The predictable premise presupposes its cleverness but these onenote characters simplify complex relationships to the banal. And the female characters are even more witless. Efron's supposedly astute love interest nonchalantly excuses his admitted assumption she was a prostitute because she keeps condoms. steve gow

## Elizabeth Banks is one sexy Lego

#### The Lego Movie.

Actress talks about being the voice of a figurine and working with Morgan Freeman



NED EHRBAR Metro World News in Hollywood

Since Elizabeth Banks voices Wyldstyle, one of the mini-figure heroes of The Lego Movie, it makes sense to meet for an interview at LA.'s Legoland amusement park. But it's still fairly surreal, as surroundings go.

#### Is this the weirdest junket experience you've ever had?

I'll tell you, this is the most exciting junket I've ever been on because Morgan Freeman's here. He's a genius. Everything he says is gold. I mean, I edit [myself] because I still want to get jobs. Whereas Morgan Freeman's like, "F— it. I'm on the other side. They're going to hire me no matter what."

And he's right. They should, because he's a genius.

## The running joke about your character's name is everyone assumes she's a DJ or something. So if you were actually a DJ, what would be your DJ name?

Um... I'm definitely not a DJ. I'm actually terrible with all that stuff. But my DJ name would be... like, Solo Claudia Goldenschwartz. "Solo" because I'm a solo DJ, I do it on my own.

## Your character, while being a Lego figure, actually has curves.

Well, they're kind of drawn-on curves. Wonder Woman does, too. She's got, like, a sweetheart neckline, too. She's got the impression of it, anyway.

#### Did the curves strike you as odd?

I didn't notice, actually. But it wouldn't bother me. I'm OK with it. I mean, if someone's like, "She's a really sexy Lego, is that weird?" That's on you, man. Who knows, you might be a boob man. Look, I'm here

to blaze a trail, and if that's how I do it, so be it.

## While this is an animated film, did you get to work much with your co-stars?

I was really lucky on this. I recorded probably four sessions with Chris Pratt and then two sessions with Chris and me and Will Arnett. The three of us together, that was a very fun time. It was a lot of wasted time making each other laugh with jokes that are completely inappropriate for a children's movie

#### What sorts of jokes are we talking about?

Well, Batman has a real kinky side to him, let's just say that. Look at him. He's in basically an S&M outfit.

#### What's coming up next for you?

My life right now is all about Pitch Perfect 2. I produced the first movie, I'm producing [and directing] the second movie. It's all about getting that script ready to go into production, bringing the cast back together and getting it ready for a release in 2015.







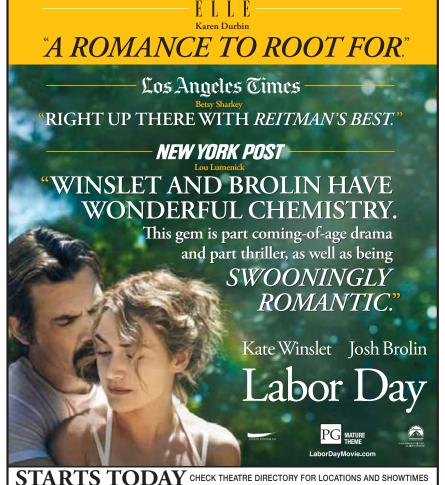
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RANS



## Bookish Balaban gets a gun

#### The Monuments Men.

Bob Balaban sheds his wallflower persona in war film about taking back art from the Nazis



NFD EHRBAR Metro World News in Hollywood

One of the first things Bob Balaban's Broadway impres-ario says when tapped to join the Monuments Men — tasked to recover stolen art from the Nazis in the twilight of the Second World War -"Would I get to kill anyone? I'd really like to kill somebody." It's an unexpected edge coming from Balaban, an actor better known for his bookishness. But every actor likes a challenge, he

#### How did you feel about your character being presented as a somewhat tough guy? Is that new for you?

You know, I never really thought about that part too much. I mostly thought, oh

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my God, I'm going to have to have a gun. What do I do? So I spent a large amount of time training to use my weapon which I only use for 13 seconds in the beginning of the movie. We actors always like to do things we're not familiar with.

#### Have you actually carried a gun in a film before?

I was fired the last time I drew a gun in a movie. (laughs) I was in a Woody Allen movie where

I had a gun. We shot my scene 900 times, and Woody kept saying, "You don't look very dangerous." I went to a screening of the movie and I said to my wife, "See that little house over there? I'm going to come walking out." And the door opened and Wally Shawn came out. I got fired and I didn't even know I was fired.

So Wallace Shawn is more threatening than you

Wally was better than I was. When I saw him do it I thought, no wonder! That's what Woody was talking

#### I mean, don't take this the wrong way, but you're kind of the personification of NPR.

That's funny. It's not a bad thing at all, and I deeply appreciate it. I probably don't really deserve you to think that, in substance anyway, but I do believe in surface and texture it goes well. It's right in my casting wheelhouse. I don't get many cowboys.

#### So, it's Oscar season, and this film was originally supposed to be in contention. How do you feel about the delay?

I think it's a good thing to be delayed, because there's so many good big, small and middle-size movies this December. I think when this movie comes out in February there will be a lot more people able to focus on it, be aware of it and go to it than there would've been in December, which was so overcrowded.

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Frozen (G) Fri 1:15 Sat 11:50-1:15 Sun-Thu 1:15

Frozen 3D (G) Fri-Sat 3:50-7 Sun 3:50-6:30 Mon-Thu 3:50-7 Gravity 3D (PG) Fri 1:45-4:10-6:30-8:50 Sat 11:30-1:45-4:10-6:30-8:50 Sun-Thu 1:45-4:10-6:30-8:50 Her (14) Fri-Thu 12:40-3:35-6:40-

The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 1:25-4:50-8:20

The Hunger Games: Catching Fire (PG) Fri-Sat 12:50-4-7:10-10:20 Sun-Mon 12:30-3:40-6:50-10 Tue 12:50-4-7:10-10:20 Wed-Thu 12:30-3:40-6:50-10

I, Frankenstein 3D (PG) Fri 2-4:30-7-9:40 Sat 11:20-2-4:30-7-9:40 Sun-Thu 2-4:30-7-9:40 I. Frankenstein: An IMAX 3D Ex-

perience (PG) Fri 1:30-4-6:25-8:40-10:50 Sat 11:10-1:30-4-6:25-8:40-10:50 Sun-Thu 1:30-4-6:25-8:40 Jack Ryan: Shadow Recruit (PG) Fri-Thu 1:50-4:30-7:30-10:10 Lone Survivor (14) Fri-Sat 1:40-4:40-7:40-10:40 Sun-Mon 1:20-4:20-7:20-10:20 Tue 1:40-4:40-7:40-10:40 Wed-Thu 1:20-4:20-7:20-10:20 The Nut Iob (STC) Fri 2:30 Sat 11:40-2:30 Sun-Thu 2:30 Star & Strollers Screening Wed 11

8:10-10:30 Paranormal Activity: The Marked Ones (14) Fri-Sat 9:45 Mon-Thu

The Nut Job 3D (STC) Fri-Thu 5:30-

Ride Along (14) Fri-Sat 2:40-5:20-8-10:40 Sun-Mon 2:20-5-7:40-10:20 Tue 2:40-5:20-8-10:40 Wed-Thu

2:20-5-7:40-10:20 Saving Mr. Banks (PG) Fri-Thu 1-3:55-6:55-9:45

The Smurfs (G) Sat 11 The Wolf of Wall Street (18) Fri-Thu 12:55-4:45-8:30

WWE Royal Rumble - 2014 (STC) Sun 9

#### **Imax** 190 Chain Lake Dr., Bayers Lake

American Hustle (14) Fri-Sat 1:10-4:15-7:20-10:25 Sun-Mon 12:50-3:55-7-10:05 Tue 1:10-4:15-7:20-10:25 Wed-Thu 12:50-3:55-7-10:05 Anchorman 2: The Legend Continues (PG) Fri-Thu 1-3:45-6:50-9:35 August: Osage County (14) Fri-Sat 1:30-4:50-7:50-10:45 Sun-Mon 1:10-4:30-7:30-10:25 Tue 1:30-4:50-7:50-10:45 Wed-Thu 1:10-4:30-7:30-10:25 Devil's Due (14) Fri-Thu 1:05-3:40-6:45-9:25

Frozen (G) Fri 1:15 Sat 11:50-1:15 Sun-Thu 1:15

Frozen 3D (G) Fri-Sat 3:50-7 Sun-Mon 12:30-3:40-6:50-10 Tue 3:50-7 Wed-Thu 12:30-3:40-6:50-10 Gravity 3D (PG) Fri 1:45-4:10-6:30-8:50 Sat 11:30-1:45-4:10-6:30-8:50 Sun-Thu 1:45-4:10-6:30-8:50 Her (14) Fri-Thu 12:40-3:35-6:40-

The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 1:25-4:50-

The Hunger Games: Catching Fire (PG) Fri-Thu 12:50-4-7:10-10:20 I, Frankenstein (PG) Fri 2-4:30-7-9:40 Sat 11:20-2-4:30-7-9:40 Sun-Thu 2-4:30-7-9:40

I, Frankenstein: An IMAX 3D Experience (PG) Fri 1:30-4-6:25-8:40-10:50 Sat 11:10-1:30-4-6:25-8:40-10:50 Sun-Thu 1:30-4-6:25-8:40 Jack Ryan: Shadow Recruit (PG) Fri-Thu 1:50-4:30-7:30-10:10

Lone Survivor (14) Fri-Sat 1:40-4:40-7:40-10:40 Sun-Mon 1:20-4:20-7:20-10:20 Tue 1:40-4:40-7:40-10:40 Wed-Thu 1:20-4:20-7:20-10:20 The Nut Iob (STC) Fri 2:30 Sat 11:40-2:30 Sun-Thu 2:30 The Nut Job 3D (STC) Fri-Thu 5:30-

Paranormal Activity: The Marked Ones (14) Fri-Sat 9:45 Mon-Thu

Ride Along (14) Fri-Sat 2:40-5:20-8-10:40 Sun-Mon 2:20-5-7:40-10:20 Tue 2:40-5:20-8-10:40 Wed-Thu 2.20-5-7.40-10.20

Saving Mr. Banks (PG) Fri-Thu 1-3:55-6:55-9:45

The Wolf of Wall Street (18) Fri-Thu 12:55-4:45-8 WWE Royal Rumble - 2014 (STC)

#### **Oxford Theatre** 6408 Quinpool Rd.

12 Years a Slave (14) Fri 6:30-9:30 Sat-Sun 3:30-6:30-9:30 Mon-Thu 6:30-9:30

#### **Park Lane** 5657 Spring Garden Rd.

American Hustle (14) Fri-Sun 1-3:55-6:50-9:50 Mon 3:45-9:35 Tue 3:35-6:50-9:50 Wed 3:45-9:35 Thu 3:45-7:45

August: Osage County (14) Fri-Sun 1:20-4:05-7-9:45 Mon 3:55-6:45-9:30 Tue 3:45-6:30-9:20 Wed-Thu 3:55-6:45-9:30

Giselle From the Royal Opera House (STC) Mon 8

Her (14) Fri-Sun 1:10-4:20-7:20-10:15 Mon 4:10-7:05 Tue 4:10-7-10 Wed-Thu 4:10-7:05-9:55

I, Frankenstein 3D (PG) Fri-Sun 1:50-4:30-7:10-9:35 Mon 4:30-7:35-10:05 Tue 4:30-7:40-10:15 Wed-Thu 4:30-7:35-10:05

Jack Ryan: Shadow Recruit (PG) Fri-Sun 1:40-4:15-6:40-10:10 Mon 4:15-7:25-9:55 Tue 4:05-7:10-10:05 Wed-Thu 4:15-7:25-9:55

Lone Survivor (14) Fri-Sun 1:05-3:50-7:15-10 Mon 4:05-6:55-9:45 Tue 3:55-6:40-9:30 Wed-Thu 4:05-6.55-9.45

National Theatre Live: Coriolanus (STC) Thu 8 Philomena (PG) Fri-Sun 1:30-4:10-

6:45-9:20 Mon 4:20-7:15-10 Tue 4:20-7:20-9:40 Wed-Thu 4:20-7:15-

The Wolf of Wall Street (18) Fri-Sun 2-6:30-9:10 Mon 4-7:45 Tue 3:30-7:30 Wed 4-7:45 Thu 4

#### **Lower Sackville** 760 Sackville Dr.

Devil's Due (14) Fri 7:10-9:45 Sat 1:50-4:30-7:10-9:45 Sun 1:50-4:30-6:45-9:05 Mon 6:45-9:05 Tue 7:10-9:45 Wed-Thu 6:45-9:05 The Hobbit: The Desolation of Smaug 3D (PG) Fri 7:30 Sat 2:15-7:30 Sun 2:15-7:15 Mon 7:15 Tue 7:30 Wed-Thu 7:15 I, Frankenstein 3D (PG) Fri 7:20-9:50 Sat 11:45-1:05-4:15-7:20-9:50 Sun 1:05-4:15-6:55-9:25 Mon 6:55-9:25 Tue 7:20-9:50 Wed-Thu

Jack Ryan: Shadow Recruit (PG) Fri

6:55-9:25

7-9:30 Sat 11:15-2-4:05-7-9:30 Sun 2-4:05-6:40-9:10 Mon 6:40-9:10 Tue

Lone Survivor (14) Fri 6:40-9:20 Sat 1-3:50-6:40-9:20 Sun 1-3:50-6:25-9 Mon 6:25-9 Tue 6:40-9:20 Wed-Thu 6.25-9

7-9:30 Wed-Thu 6:40-9:10

The Nut Job (STC) Sat 11:30-1:45 Sun 1:45

The Nut Job 3D (STC) Fri 6:30-9:10 Sat 3:45-6:30-9:10 Sun 3:45-6:20-8:50 Mon 6:20-8:50 Tue 6:30-9:10 Wed-Thu 6:20-8:50

Ride Along (14) Fri 6:50-9:40 Sat 1:15-4-6:50-9:40 Sun 1:15-4-6:35-9:20 Mon 6:35-9:20 Tue 6:50-9:40 Wed-Thu 6:35-9:20

The Smurfs (G) Sat 11

#### **Dartmouth Crossing** 145 Shubie Dr.

American Hustle (14) Fri 3:30-7:25-10:30 Sat 12:50-4-7:25-10:30 Sun 12:50-4 Mon 2:15-7:10-10:15 Tue 3:30-7:25-10:30 Wed 2:15-7:05-10:15 Thu 2:15-10:15

August: Osage County (14) Fri 1:30-4:20-7:15-10:10 Sat-Sun 1:20-4:20-7:15-10:10 Mon 1:30-4:15-7-9:55 Tue 1:30-4:20-7:15-10:10 Wed-Thu 1:30-4:15-7-9:55

Dallas Buyers Club (STC) Fri 2-4:50-7:45-10:40 Sat 11:15-2-4:50-7:45-10:40 Sun 2-4:50-7:45-10:40 Mon 1:45-4:35-7:30-10:25 Tue 2-4:50-7:45-10:40 Wed-Thu 1:45-4:35-7:30-10:25 Star & Strollers Screening Wed 11

Devil's Due (14) Fri-Sun 1:30-3:50-6:10-8:30-10:50 Mon 3:10-5:55-8:15-10:35 Tue 1:30-3:50-6:10-8:30-10:50 Wed-Thu 3:10-5:55-8:15-10:35

Frozen (G) Fri 2:30 Sat 11:10-12 Sun 12 Mon-Thu 2:30

Frozen 3D (G) Fri 5:15-7:50 Sat-Sun 2:35-5:15-7:50 Mon 5-7:35 Tue 5:15-7:50 Wed-Thu 5-7:35

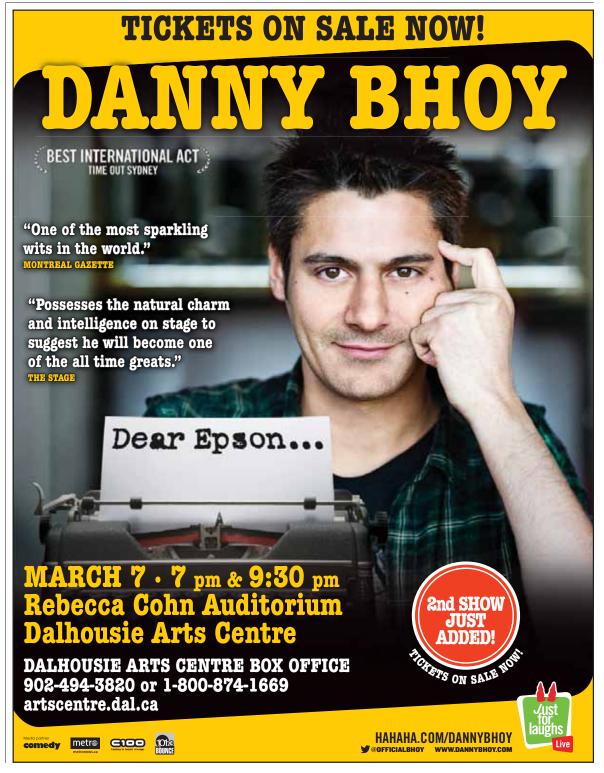
Giselle From the Royal Opera House (STC) Mon 8

The Hobbit: The Desolation of Smaug 3D (PG) Fri-Sun 1:45-5:20-9 Mon 1:40-5:05-8:45 Tue 1:45-5:20-9 Wed-Thu 1:40-5:05-8:45

I, Frankenstein 3D (PG) Fri 3:20-5:45-8:15-10:45 Sat-Sun 12:55-3:20-5:45-8:15-10:45 Mon-Thu 3:20-5:45-8:15-10:45

Jack Ryan: Shadow Recruit (PG) Fri 2:45-5:20-7:55-10:30 Sat-Sun 12:10-2:45-5:20-7:55-10:30 Mon 2:30-5:05-7:40-10:15 Tue 2:45-5:20-7:55-10:30 Wed-Thu 2:30-5:05-7:40-10:15 Star & Strollers Screening Wed 11 Lone Survivor (14) Fri-Sun 1:40-4:35-7:50-10:35 Mon 1:40-4:30-10:20 Tue 1:40-4:35-7:50-10:35 Wed-Thu 1:30-4:20-7:35-10:20 National Theatre Live: Coriolanus (STC)

Thu 8:05 The Nut Job (STC) Fri 2:15 Sat 11-1 Sun 1 Mon 2 Tue 2:15 Wed-Thu 2 The Nut Job 3D (STC) Fri 4:30-7:45-10 Sat-Sun 3:15-5:30-7:45-10 Mon 4:30-7:30 Tue 4:30-7:45-10 Wed 4:30-7:30-9:45 Thu 7:30







#### **Dartmouth Crossing** 145 Shubie Dr.

Ride Along (14) Fri 3:10-5:40-8:15-10:40 Sat-Sun 12:40-3:10-5:40-8:15-10:40 Mon 2:55-5:25-8-10:25 Tue 3:10-5:40-8:15-10:40 Wed-Thu 2:55-5:25-8-10:25

Saving Mr. Banks (PG) Fri-Sun 10:25 Mon 10:10 Tue 10:25 Wed-Thu 10:10

The Smurfs (G) Sat 11 The Wolf of Wall Street (18) Fri 1:30-5:30-9:30 Sat-Sun 12:45-4:45-8:45 Mon 1:30-5:30 Tue-Wed 1:30-5:30-9:30 Thu 5:30-9:30 WWE Royal Rumble - 2014 (STC) Sun 9

#### Truro 20 Treaty Trail, Millbrook

American Hustle (14) Fri 6:15-9:20 Sat-Sun 1:10-4:05-6:20-9:25 Mon 6:15-9:20 Tue 6:25-9:30 Wed-Thu 6:15-9:20

August: Osage County (14) Fri 6:45-9:30 Sat-Sun 1:05-3:55-6:50-9:35 Mon 6:30-9:15 Tue 6:55-9:40

Wed-Thu 6:30-9:15 Frozen (G) Sat-Sun 1:15 Frozen 3D (G) Fri 6:25 Sat-Sun 3:50-6:30 Mon 6:20 Tue 6:15 Wed-Thu 6:20

The Hobbit: The Desolation of Smaug 3D (PG) Fri 9:05 Sat-Sun 9:10 Mon 9 Tue 8:55 Wed-Thu 9 I, Frankenstein 3D (PG) Fri 7:05-9:25 Sat-Sun 1:40-4-7:10-9:30 Mon 6:45-9:05 Tue 7:25-9:45 Wed-Thu 6:45-9:05

Iack Rvan: Shadow Recruit (PG) Fri 7:10-9:40 Sat-Sun 1:30-3:25-7:15-9:45 Mon 6:35-9:05 Tue 7:15-9:45 Wed-Thu 6:35-9:05

Lone Survivor (14) Fri 6:55-9:45 Sat-Sun 1:20-4:10-7-9:50 Mon 6:25-9:15 Tue 6:35-9:25 Wed-Thu 6:25-9:15 The Nut Job (STC) Sat-Sun 1 The Nut Job 3D (STC) Fri 6:35-8:55 Sat-Sun 4:15-6:40-9 Mon 6:40-9 Tue 6:45-9:05 Wed-Thu 6:40-9

#### **Bridgewater** 349 Lahave St.

Sat-Sun 12:50-3:55-6-8:40 Mon-Thu 6-8:40

Devil's Due (14) Fri 7-9:30 Sat 1:10-4:15-7-9:30 Sun 1:10-4:15-7-9:20 Mon 7-9:20 Tue 7-9:30 Wed-Thu 7-9:20

Frozen (G) Sat-Sun 1 Frozen 3D (G) Fri 6:40 Sat-Sun 3:35-6:40 Mon-Thu 6:40 I, Frankenstein 3D (PG) Fri 6:50-9:25 Sat 1:30-4:20-6:50-9:25 Sun 1:30-4:20-6:50-9:15 Mon 6:50-9:15 Tue 6:50-9:25 Wed-Thu 6:50-9:15 Jack Ryan: Shadow Recruit (PG) Fri 6:20-8:55 Sat 1:20-3:50-6:20-8:55 Sun 1:20-3:50-6:20-8:50 Mon 6:20-8:50 Tue 6:20-8:55 Wed-Thu 6.20-8.50

Lone Survivor (14) Fri-Sat 9:05 Sun-Mon 9 Tue 9:05 Wed-Thu 9 The Nut Job (STC) Sat-Sun 1:40 The Nut Job 3D (STC) Fri 6:10-9:10

Ride Along (14) Fri 6:30-9:15 Sat 1:50-3:25-6:30-9:15 Sun 1:50-3:25-6:30-9:05 Mon 6:30-9:05 Tue 6:30-9:15 Wed-Thu 6:30-9:05



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## McSweeney's stays young at heart

The quirky indie publisher's children's imprint is dedicated to the growing families of the close-knit staff. Brian McMullen, the imprint's editorial and art director — as well as a father of two — discusses some of his favorite books.

#### **DOROTHY ROBINSON**

ws in New York City

A funny thing happened to the publishing company Mc-Sweeney's — children began to appear.

Just as its fan base started to think about procreating, so did the tight-knit staff, which publishes the quarterly literary journal Timothy Mc-Sweeney's Quarterly Concern, the monthly magazine The Believer, an assortment of book imprints and other upscale, stylized publications.

"We're a small staff, and a lot of us were in our early 20s when we started working at McSweeney's," recounts Brian McMullen, who joined the operation in 2002 as an intern.

"McSweeney's has always been eclectic; it's always been open to publishing any kind of book irrespective of genre. The only real qualifying thing (to have us publish it) is that it's interesting to us as editors and as readers.

And what slowly became interesting to the full-time staff of nine were children's books. "We found ourselves saturated in children's literature more than we used to be," McMullen remembers.

Since its launch, Sweeney's would publish the occasional children's book, but once they saw the commercial and artistic appeal of the genre, they decided to de-

#### "We found ourselves saturated in children's literature more than we used to be."

Brian McMullen, on the McSweeney's staff's growing interest in children's books

vote an imprint solely to publishing creative, interesting

And so, under the guidance of McMullen, the McSweeney's McMullens children's imprint was born. The first book came out in the summer of 2011 and as of February of this year, the imprint will have 12 picture books and three novels to its name.

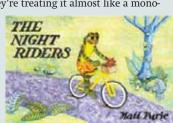
As the staff also discovered, children's books fit very well with the McSweeney's brand. "There's so much potential with a picture book," says Mc-Mullen, who notes he has an invaluable, in-house marketing focus group for his books - his two sons, ages three and

"I've always been an editor and a designer, so I've always loved working with the push and the pull of the editorial and the art and design side of the book; I love being able to see the whole thing at once, thinking about the shape and the size and how the story should go and what the art should be all about," he says.

#### The Night Riders by Matt Furie

"This is a wonderful, wordless picture book. Furie took an entire year to draw it by hand with coloured pencil. I think half the customers of that book are people who bought it as a coffee-table book because they love the art so much. They're treating it almost like a mono-

graph. There's a lot of slippage sometimes between what's an art book and what's a book for kids. I think a lot of the books we're producing get classified as both."



#### Crabtree by Jon and Tucker Nichols



"This is probably our best-reviewed and best-distributed book yet. Tucker Nichols is a gallery artist in San Francisco; he worked with his brother Jon on this, their first kids' book together. Tucker uses his style that he uses for all of his artwork, which usually hangs in galleries, on this book for kids. It's very funny, witty and so re-readable. It's just a beautiful book all about a guy who is an intensive collector and he has to

go through all of his belongings and try to find his missing false teeth. At a glance, sometimes our books get misconstrued as being primarily art books, and it can be enjoyed on that level, but our first goal is to please the children in our lives and be able to hand them something that we're proud to sit down and read with them or give to somebody who can sit down and read with their child.



Brian McMullen, the editorial and art director of McSweeney's McMullens children's book imprint, puts on his pouty face.



#### Hang Glider and Mud Mask by Jason Jägel and Brian McMullen

"This is a book I wrote with art by Jason Jägel. It's a book constructed in a Z shape; it has two spines. You can start from one end and get one character's side of the story or you can start from the other side of the book and get the other character's side of the story. The characters meet in the physical middle of the book; it's a very sweet narrative and you can keep reading it in a continuous loop with your child until they get tired of reading it. With picture books, you can be so inventive and playful. It's a fantastic art form, and I think we're only going to see more and more of an appreciation of it as the years go by.'



metronews.ca
WEEKEND, January 31-February 2, 2014



## Doozers are doing it for themselves

#### Jim Henson Company.

Once playing second fiddle to Fraggle Rock, the little engineers will now take centre stage

When the fluffy-haired humanoids of the Toronto-shot puppet series Fraggle Rock became a hit in the '80s, their tiny costars also developed a fan following.

Lisa Henson, CEO of The

Jim Henson Company, says the Doozers became so popular that her late puppet master dad and his collaborators discussed the idea of giving the chubby green engineers their own series. It took several decades, but the idea has finally come to fruition with the new computer-generated animated preschool series Jim Henson's Doozers.

"The Doozers were a lot of people's secret favourite thing about Fraggle Rock because they were always there, but we didn't get to know very much about them from the show," Henson said in a telephone interview from Los Angeles.

"They piqued a lot of people's curiosity. ... Everyone kind of wanted to peek into their world a little closer, get to know those characters: 'What are they building? What are they doing?'"

In Doozers, the stars are the Pod Squad of four young go-getters voiced by children: purple-clad Daisy Wheel, ginger-haired Spike, pink-loving Molly and yellow-wearing Flex. Together they seek new adventures and challenges in Doozer Creek, getting problem-solving advice from elders as they invent, build and tinker with a variety of devices.

Henson said the show features science, technology, engineering, art and math. It also has a theme of "perseverance and failure" as it aims to show "the actual process of design thinking and engineering."

"There has been so much recent discussion about the idea that kids should be encouraged to try things and fail and not be afraid to fail, so one of the kind of social-emotional threads that we pursued in the storytelling was that a lot of the things that they build don't work — or they don't work at

#### Watch it

 Doozers will available on the tvokids.com video player from Monday onwards.

first and with improvement and with additions or by collaborating on something they can get it to work," said Henson. "We didn't just want to

"We didn't just want to show them just finding instant success because in the real world success is rarely instant."

The series is co-produced by The Jim Henson Company and DHX Media in Canada, where Fraggle Rock was particularly popular and taped with a Canuck crew, said Henson.

"The people who worked on the original Fraggle Rock, all of them say that it was the best working experience of their lives and that making Fraggle Rock was a kind of pinnacle of their personal creativity.

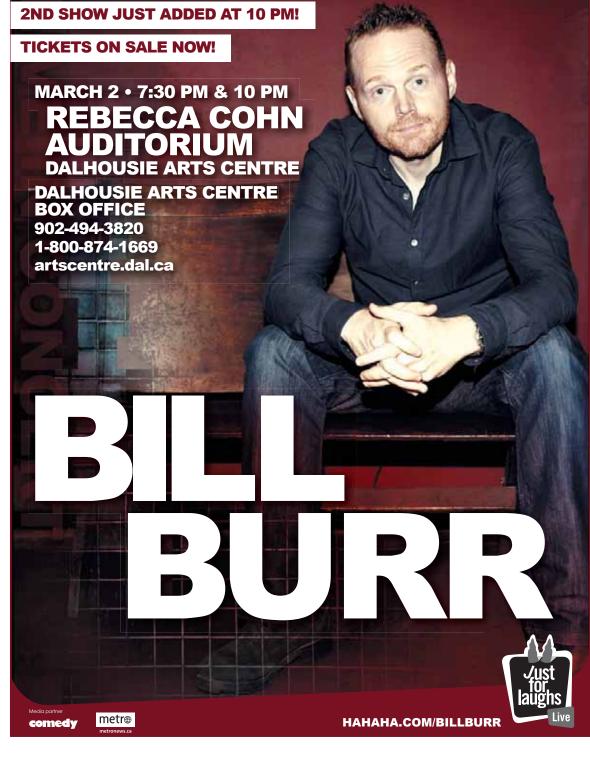
"One of the reasons it was such a wonderful experience for the creators of the original show was that Jim Henson was very busy in England doing other things and he let them have a lot of freedom up there, so the show became very collaborative with other show runners. It wasn't Jim Henson being the show runner, so it allowed the other creators of the show to really thrive and make a show that they were all proud off"

The Pod Squad characters are not from the original Fraggle Rock that aired on CBC-TV.

Henson said they invented the new characters to suit the preschool demographic, making sure to split them evenly between genders and "be very forward-thinking about how the women on the show are portrayed."

Alas, Henson added that the Fraggles won't be making cameos on Doozers, but there is a Fraggle Rock feature film in development at New Regency Enterprises.

THE CANADIAN PRESS







## METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



#### Sienna says she only blames herself for bad press

Sienna Miller's rise to fame got a bit muddled when she became a tabloid sensation thanks to affairs with Daniel Craig and Balthazar Getty, forcing her to take a step back from the spotlight.

But the British actress

insists there's no one to blame but herself. "I sabotaged things. I burnt a lot of bridges," she tells Esquire magazine. "What was going on in my private life was not an easy thing to read about.

"People don't want to see films with people they don't approve of in them. I felt like I had no control over any aspect of my life, professionally or personally, so I deliberately disappeared. I was sick of myself, to be honest, or sick of that perception of me."



#### Anna thinks SJP is a perfect fit

Anna Wintour has apparently been dropping hints that she has big plans at Vogue for pal Sarah Jessica Parker, and some of her underlings are getting nervous.

"Sarah has been consulted on a stunning array of Vogue's big moves over the last several months. She has totally entered the inner circle," a source tells Radar Online. "It's a surprising idea, but one that is not entirely a joke. Anna thinks Sarah, a fashion icon on Sex and the City, truly has what it takes to step into her shoes and take on a role at Vogue one day."

Parker, for her part, is apparently not wasting any time. "Sarah is playing this like she is serious and she wants it. She is doing her homework and learning the business like never before," the source adds.

"It's the fashion equivalent of running for president or getting nominated to the Supreme Court, and Sarah is treating it that way."

## Queen B+? University offers course on Beyoncé

Beyoncé is one of the world's most scrutinized pop stars, and now that study is moving to academia. The Department of Women's and Gender Studies at Rutgers University is offering a course called Politicizing Beyoncé.

Kevin Allred, a doctoral student who is teaching the class, says he is using Beyoncé's career as a way to explore American race, gender and sexual politics. The class supplements an analysis of Beyoncé's videos and lyrics with readings from black feminists. Allred says he's seeking to help students think more critically about media consumption.

THE ASSOCIATED PRESS





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22 **WEEKEND** 



#### Wet side of Kiwi culture



LIQUID ASSETS therealwineauv

While The Lord of the Rings trilogy got the ball rolling, Lorde's wins at the Grammys last weekend has solidified New Zealand's position as the coolest place on Earth.

Kiwi culture extends way beyond movies and music. Its wines are considered some of the New World's finest productions. The first to twist screw caps onto premium juice, they've taken Sauvignon Blanc and Pinot Noir to places other countries can't even buy a ticket.

I love that about New Zealand wines. They know what they do best and, while they're never inexpensive, they deliver.

You might not be thinking about drinking white wine at this time of year. After all, nothing warms the soul on a cold Canadian winter's night like a nice, meaty red. I say worry less about the weather and more about what you've got in your glass.

And though I respect Lorde, Kim Crawford's 2013

Sauvignon Blanc (\$19.95 - \$22.99), with its sexy, citrus-infused star power, is way more

Try it with fresh shellfish and vegetable-based dishes. **PRICES** REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN

## Go to NJ for football and Cincinnati for the chili

#### Super Bowl snack.

The teams are from Seattle and Denver. The arena is in New Jersey and used by New York teams. So, continue the American geography lesson with Čincinnati Chili

Everyone has a go-to chili recipe — but this is chili with a twist. Cincinnati chili is a tradition in parts

- 1 kg (2 lb) lean ground beef
- 1 large onion, chopped • 2 cloves garlic, chopped
- 30 ml (2 tbsp) olive oil
- 45 ml (3 tbsp) chili powder
- 5 ml (1 tsp) ground cinnamon
- 5 ml (1 tsp) ground cumin • 2.5 ml (1/2 tsp) allspice
- . 2.5 ml (1/2 tsp) hot pepper flakes (or to taste)
- 1 pinch ground cloves
- 30 ml (2 tbsp) white wine vineaar
- 15 ml (1 tbsp) Worcestershire sauce
- 750 ml (3 cups) water
- 1 can (398 ml/14 oz) tomato sauce
- 2 cans (156 ml/5.5 oz each) tomato paste
- 2 bay leaves
- 2 cloves
- Salt and pepper

#### Garnishes

- Canned red kidney beans, rinsed and drained
- . Green onions, chopped
- Orange cheddar, grated



of Ohio, with various recipes calling for the addition of allspice, cinnamon and cloves combined with more traditional ingredients like chili powder.

It is usually served atop pasta with grated cheese and garnished with kidney beans.

This Cincinnati chili recipe from award-winning Canadian chef Ricardo is perfect for anyone looking for a new chili experience.

**1.** In a Dutch oven over medium-high heat, brown the meat, onion and garlic in the oil, breaking up the meat with a wooden spoon. Season with salt. Add the spices and cook for 3 minutes more.

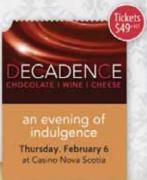
2. Deglaze with the vinegar and Worcestershire sauce. Add the water, tomato sauce, tomato paste, bay leaves and cloves. Bring to a boil, reduce the heat and

simmer gently for about 2 hours, stirring frequently. Remove the bay leaves. Adjust the seasoning.

**3.** For an authentic presentation, serve on al dente spaghetti. Garnish with kidney beans, green onions and cheddar. For something more casual, like a Super Bowl snack, serve in bowls with garlic bread.

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metronews.ca WEEKEND, January 31-February 2, 2014 **WEEKEND** 

## Talk that Super Bowl talk like an expert

Football. Everything you need to sound like you know what you're talking about



Super Bowl XLVIII will be a day of many firsts. It's the first Super Bowl held in the Northeast, the first hosted by two NFL franchises (Giants and Jets), and the first hosted by two states (New York and New Jersey).

How so? While the Giants and Jets are both New York teams, the stadium they play is across state lines in New Jersey. The Super Bowl has become much more than just a game, with festivities taking place all week in both the Big  $\bar{\mbox{App}}\mbox{le}$  and the Garden State.

Sunday's game will be the first outdoor, cold weather Super Bowl in history and everyone is whining, er... talking about it. WIMPS. Canadian football fans have been braving games in bonenumbing temperatures for years. Super Bowl organizers are giving each ticket holder a swag bag seat cushion filled with hand warmers, ear muffs, gloves, tissues, a toque, lip balm and a radio to make the 82,500 frozen fans feel a little less frozen.

More than 100 million people are expected to watch the Seahawks take on the Broncos on Sunday. Will you be one of them? Here's all you need to know to enjoy the Super Bowl, and a few inside hints to make you look like an expert.



#### O Canada

#### The Canadian connections

Three Canadians will take part in the big game.

Broncos' offensive tackle Orlando Franklin, though not born in Canada, moved to Scarborough, Ont. when he was three. Seahawks rookie Luke Willson of LaSalle, Ont., was drafted by the Toronto Blue Jays but chose football over baseball. Seattle punter Jon Ryan will be the first Saskatchewan native to play in the Super Bowl. He made the jump from CFL to NFL in 2006.

There will also be a Canadian sitting in the owner's suite. Broncos owner Pat Bowlen was raised in Alberta and retains his citizenship. TERESA KRUZE

## Give chip dip a hot and spicy kick

- 1 tbsp olive oil
- 1 1/2 cups finely chopped onion 1 tbsp minced garlic
- 13.75-oz can artichoke hearts,
- 10-oz box frozen chopped spinach, thawed and squeezed dry
- 4 oz ow-fat cream cheese • 1/2 cup low-fat sour cream
- 2 tbsp low-fat mayonnaise
- 1 oz freshly grated Parmigiano-Reggiano
- 1/2 cup medium chopped mild Peppadew peppers (about 2 oz)
- 1/2 to 1 tsp red pepper flakes
- Crackers or low-fat pita crisps to serve

**1.** Heat the oven to 375 F. Coat an 8-inch square baking pan with cooking spray.

In skillet over medium-low, heat oil. Add onion and sauté, covered, stirring occasionally, 8 minutes. Uncover pan and continue cooking, stirring oc-casionally, until onions are golden brown, about 5 minutes. Add garlic and cook, stirring, for 1 minute. Remove the pan from the heat and set

3. In food processor, pulse artichokes until they are medium chopped, then transfer them to the skillet.

**4.** In food processor combine spinach, cream cheese, sour cream, mayo and half of the Parmigiano-Reggiano, process until mixed. Add mixture to skillet, along with peppers and pepper flakes. Stir well, then season with salt.

**5.** Transfer the mixture to the prepared pan, sprinkle the remaining cheese over the top and bake on the oven's middle shelf for 15 to 20 minutes, or until it is bubbling at the edges. Serve immediately with crackers or low fat pita crisps. THE ASSOCIATED PRESS/ SARA MOUL-



TON, AUTHOR OF SARA MOULTON'S **EVERYDAY FAMILY DINNERS** 



metronews.ca
WEEKEND, January 31-February 2, 2014

## Who is playing?

The Broncos are two-time Super Bowl champions and are coming off a record-setting year. Quarterback Peyton Manning led Denver to set new marks for points scored (606) and touchdown passes (55). The Seahawks have never won the Super Bowl, but come into the game with an equally impressive defense. On Sunday, it'll be the number one offense in the league against the number one defense. This hasn't happened since 1991. TERESA KRUZE

Seattle Seahawks (NFC champs)



#### **Russell Wilson**

Wilson's 25 and in his second year of playing for Seattle. He's been described as having a cannon arm, Houdini-like escape skills and is deadly outside the pocket. Some say he lacks experience and seasoning, but he has two big things going for him: the Seahawks' defense and former CFL great and NFL Pro Football Hall of Famer Warren Moon as a mentor.

Denver Broncos (AFC champs)



#### **Peyton Manning**

Peyton Manning, 37, has scorched the record books, and will likely go down as one of the best quarterbacks of all time. He has one Super Bowl ring. His critics predict he'll choke and freeze up on Sunday. After destroying the Tennessee Titans on a freezing December day, Manning said to his critics: "Whoever wrote that narrative can shove it where the sun don't shine."

#### **Cool facts**

#### Did you know....

- MetLife Stadium. The stadium will have 1,600 volunteers armed with shovels and ready to go if it snows before kick off.
- Today. Advertisers are paying up to 4.5 million dollars to run their commercials during the game.
- Back then. A 30-second commercial cost \$40,000 during the first Super Bowl in 1967.
- Colours. The Broncos will be sporting their orange home jerseys and the Seahawks will wear their road whites. Teams that wear white jerseys have won eight of the last nine Super Bowls.
- Snacks. If you're hosting a Super Bowl shindig on Sunday, chicken wings, chili, pizza and nachos are perfect party foods. But don't forget the veggie tray! The Snack Food Council in the U.S. calculates the average
- American football fan will devour 1,200 calories and 50 grams of artery-clogging fat on Sunday.
- Food by numbers. 1.25
   billion chicken wings will be
   eaten on Sunday; 1.2 million
   pounds of potato chips will
   be consumed; 51.7 million
   cases of beer will be sold to
   Super Bowl fans.
- The aftermath. Antacid sales are expected to increase by 20 per cent on Monday.

#### Entertainment

## An opera singer and a Grammy winner

Renée Fleming will be the first-ever opera singer to perform The Star Spangled Banner at a Super Bowl, so the song's high notes shouldn't be a problem. Nerves shouldn't be either, as she also performed at the 2009 U.S. Inauguration and sang David Letterman's Top Ten one night.

Grammy winner
Bruno Mars is set to rock
MetLife Stadium and the
frozen fans on Sunday
during the halftime
show.

They also invited the Red Hot Chili Peppers, but Flea and the boys like to perform barechested. A parka and long underwear might be a good idea for this gig. TERESA KRUZE



## **Drinks.** Football Cocktails from The Carbon Bar



Bartender Brendan Piunno has created two Super-Bowl-inspired cocktails for



ANDREW JOHN VIRTUE DOBSON dobbernationloves.com

With the Super Bowl quickly approaching we tasked Brendan Piunno, bartender at the recently launched The Carbon Bar in Toronto, to create two unique cocktails inspired by the Seattle Seahawks and Denver Broncos.

Paying homage to Seattle's Pike Place Market, Piunno tips his hat to the birthplace of Starbucks with a coffee-inspired take on a Manhattan. For Denver, Piunno says he created The Moscow Bronco as "a fun take on the Moscow mule, adding a spicy kick by muddling fresh sliced chili into the glass."

Both beverages offer a subtle zing and a perfect opportunity

to impress your guests.

#### Seattle Seahawk-Inspired Pike Place Manhattan

- 2 oz Pike Creek Canadian Whisky
- \*1 oz coffee-infused Martini Rosso
- Generous dashes of Angostura bitters

\*Add a teaspoon of fresh ground coffee to 6 oz. Martini Rosso, stir and strain.

Garnish with a cherry and light sprinkle of fine ground coffee Shake or stir ingredients over ice. Enjoy up or on the rocks.

#### Denver Bronco-Inspired Moscow Bronco

- 2 oz Absolut Elyx
- 1 oz lime juice

Top with ginger beer. Add press sliced chili for a spicy Bronco kick. Garnish with sprig of fresh coriander. Serve in a rocks glass full of ice.







#### QMJHL

#### Moose's win streak screeches to a halt

The Halifax Mooseheads were brought down to earth with a thorough 8-2 beating, courtesy of the Quebec Remparts before 11,815 fans at the Colisée Pepsi on Thursday night.

"We got a lot of penalties and they scored six goals on their power plays, and that was it," said Mooseheads head coach Dominique Ducharme.

When it was all said and done a whopping 53 penalties, 12 of which were misconducts, were handed

The Herd got the worst of it, as the Remparts made good on six of 17 powerplay opportunities.

"It's always emotional when we play them, and that's it," added Ducharme. "At one point it snow-

It looked like it might be a promising night for the visiting Mooseheads after Nikolaj Ehlers opened the scoring. But the momentum quickly shifted and the Remparts responded with eight straight goals, until Herd forward Andrew Shewfelt topped the bleeding with just under seven minutes to go in regulation.

The Mooseheads move on to face the Shawinigan Cataractes on Friday.

Anthony Duclair led the Remparts with a pair of goals and five helpers while Nick Sorenson netted a hat trick and two assists. Adam Chapman, Mikhail Grigorenko and Cody Donaghey rounded out the scoring for Quebec.

With the loss the Mooseheads' seven-game winning streak comes to an end, and they fall to 33-17-0-1. ANDREW RANKIN/METRO

# Smith hoping to finally realize Scotties dream

**Curling.** Mayflower rink is full of confidence heading into the national championship on Saturday



**ANDREW** RANKIN ankin@metronews.ca

At a very young age, Heather Smith set a goal to win a Scotties Tournament of Hearts

"That certainly drives me to keep working hard," said

But, despite Smith's success, including her five provincial titles and bronze medal at the 2011 Scotties in Charlottetown, her dream remains unfulfilled.

Making her third appearance in the national championship in the last four years, the 41-year-old skip and her front end-mate Jillian Brothers, second Blisse Joyce and lead Teri Lake who have five previous Scotties under their belts, know exactly what they're getting

tournament gets underway at the Maurice Richard Arena in Montreal on Saturday, and the Mayflower foursome is confident going into their first matchup



The Heather Smith rink from the Mayflower Curling Club captured the 2014 Nova Scotia Scotties Tournament of Hearts on Sunday at the Sydney Curling Club. From left are lead Teri Lake, second Blisse Joyce, mate Jillian Brothers

against Heather Strong's Newfoundland rink on opening day.

"I think that we were one of the best, if you look at our experience and look at what we have done collectively as the four of us," added Smith. "We just have to stay within ourselves and know that we

are just as good as anyone else in the field."

The four are close friends and they share the same championship dream. The goal is to stay in the

moment, focusing on not getting too high or the possibility of falling too low.

"We want to be in the mix come playoff time, and anything can happen from there. But it's one shot at a time. This is a marathon; this is a long week. There are going to be many ups and downs, easy wins, games that you should have won, but you didn't, but that's where experience comes through and you have to stay with it.

They'll have plenty of stiff competition among the 12rink pack, including Team Canada's defending champion Rachel Homan, who's the favourite to take home the national title again.

But no one is taking Nova Scotia lightly.

"It's the best team that I've ever played on," said Smith. "We've worked really hard for this. We're here to win a championship and we've had an amazing season so far."

"We have had each other's backs in the good times and the bad."

Mayflower skip Heather Smith





metr⊕ **SPORTS** metronews.ca WEEKEND, January 31-February 2, 2014

## What's the difference?

A look at some of the difference makers for this Sunday's Super Bowl at MetLife Stadium in New Jersey THE ASSOCIATED PRESS

The Seahawks ranked first in overall defence this year, yielding a league-low 231 points. All Denver did was score 606, shattering the previous NFL

Even juicier for this Super Bowl, Seattle was tops against the pass, which, of course, is a Peyton Manning specialty. This is likely where the game will be decided.

If Seattle's unequaled secondary led by All-Pro cornerback Richard Sherman and safety Earl Thomas can handle Manning's myriad receivers in man coverage, the Seahawks get a huge edge. Denver has not faced a defence with these cover skills, and those talents even extend to nickel backs Walter Thurmond and Jeremy Lane.

Of course, Seattle has not faced a quarterback like Manning, either. His 400-yard game against New England in the AFC Championship two weeks ago epitomized his sensational season.



Beast Mode. And big plays.

That's what got the Seahawks to the big game for the second time in eight years, although nobody is left from that team that lost to Pittsburgh.

Running back Marshawn Lynch has been pretty much unstoppable in the playoffs after a late-season slump. He powered his way to 109 yards and a 5.0 average per rush against San Francisco's staunch defence in the NFC title game. His 40-yard TD run got Seattle back in the game, and he ran all over New Orleans the previous week.

Denver has stepped up defensively and will be in excellent shape if it can slow

But don't think Lynch can't burst free for big gains and get the tough yards inside.

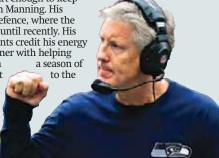
Seattle's offensive line struggled protecting Russell Wilson, but was fine when pounding it out against the 49ers. The Broncos aren't as physical or as deep defensively, and without linebacker Von Miller, could be

Seattle's Pete Carroll and Denver's John Fox both took over moribund franchises. Now look

Both are strong motivators, although Carroll does it in more of a rah-rah style his players

No team is more aggressive, especially on defence, Carroll's specialty, than the Seahawks. He had some success in a previous head coaching stint with the Patriots, then went to USC national titles. Since returning to the pros, Carroll has done a brilliant job and won two

turning the Seahawks into a championship contender. Fox, who missed a month of the schedule after heart surgery, is smart enough to keep the reins very loose on Manning. His background is in defence, where the Broncos struggled until recently. His players and assistants credit his energy and easygoing manner with helping steer them through potholes to get Super Bowl.



## Sherman next in line for 'duck' hunt vs. Manning



Peyton Manning and Richard Sherman can agree to agree.

No war of words between the record-setting Broncos quarterback and the star Seahawks cornerback who will try to slow him down in the Super Bowl.

În his regular column for the MMQB.com website, Sherman ranked Manning as the smartest quarterback in the NFL a few weeks ago.

After gushing about his adjustments for a few sentences, Sherman added: "His arm, however, is another

story. His passes will be accurate and on time, but he throws ducks."

Not exactly a revelation to anybody who has watched Manning toss a football. Asked about the "ducks" on Wednesday, Sherman said, "Well, I still feel the same way I felt."

"He is a great quarterback. He does a great job," he added. "At the same time, when he catches the ball he doesn't necessarily catch the laces all the time. He throws an accurate ball in regards to how he

catches it. He just gets it on time and delivers it accur-

Ånd so Manning was asked about that comment Thursday and wasn't the least bit offended.

"I believe it to be true," he quipped.

"I do throw 'ducks,'" he said. "I've thrown a lot of yards and touchdown 'ducks.' I am actually quite proud of

Told later Thursday of Manning's response, Sherman said: "I agree. That's



"It's so easy to catch. it really doesn't matter if it's

a spiral or wobbly."

Broncos wide receiver Demaryius Thomas, on Peyton Manning's passes, adding they're "like catching tissue paper."

exactly what I said." THE ASSOCIATED PRESS

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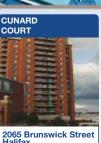


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#### Horoscopes

#### ↑ Aries March 21 - April 20

You may prefer to deal with facts but there are times when you must take what you are told on trust, and this is one of them. Those you work with may be difficult at times but they are still on your side.

#### **Taurus** April 21 - May 21

Something will seize your imagination today and you will move in a new direction. Does what you are doing have any practical or financial value? . Who cares! It's enjoyable!

#### **∐** Gemini May 22 - June 21

Despite what some negative types might say, most people in the world are just like you. Keep that in mind today when dealing with strangers. You may be surprised how much you have in common.

#### Gancer

June 22 - July 23

Some people think you are the best thing since sliced bread and they're right. But don't let flattery and adulation go to your head because there are others who would like an excuse to take you down a peg.

#### $\Omega$ Leo July 24 - Aug. 23

There may be a thousand chores you'd like to avoid but you can't, so don't waste time on wishful thinking. Positive thinking, however, is to be encouraged, so imagine you are having the time of your life.

#### MP Virgo Aug. 24 - Sept. 23

Make the most of your current run of good fortune and make sure those you are closest to know how you feel about them. Chances are they know anyway but it never hurts to make sure.

#### **△** Libra Sept. 24 - Oct. 23

It will pay you to come on less strong today, especially at work but also at home. You don't need to prove yourself. In fact, you will impress people more if you switch off and have fun.

#### M Scorpio

Oct. 24 - Nov. 22

Have fun. Hang out with your friends. This isn't a day to think about any of the many things you have been worrying about. You deserve a break so reward yourself. Others will smile too.

#### **プ** Sagittarius Nov. 23 - Dec. 21

You know what needs to be done to put things right and put loved ones and business colleagues at ease, so do it. Just make sure you can deliver on any promises you might make — and never, ever make promises about money.

#### り Capricorn

Dec. 22 - Jan. 20

You will find it easy enough to get your way over the next 24 hours, especially if you tell others what they want to hear. Is that dishonest? Maybe, but it's not the worst thing you'll do.

#### Aquarius Jan. 21 - Feb. 19

The more you ask for, the more you get. The more you get, the more you want. Just be careful you don't get so much that you can hardly meet the responsibilities that go with it.

#### ) ( Pisces

Feb. 20 - March 20

Your future has rarely looked brighter. So why so glum? Whatever the reason, you need to snap out of it and recognize that, compared to most people, you are on easy street. All you really have to worry about is staying there. SALLY BROMPTON

#### Crossword: Canada Across and Down

14

20

24

40

44

47

68

#### Across

- 1. Chinese New Year, 2014 Year of the 6. Above
- 10. at (Just barely eat)
- 14. Actress Deborah
- 15. Telephone
- 16. Wheel shaft
- 17. Restores rank
- 19. Twirled 20. Flower container
- 21. Nobleman 22. Bands of eight
- 24. Hitch
- 26. Tribute types
- 28. Singer Mr. Anthony
- 29. Glasgow gal
- 31. Mr. Pacino's 33. Definite article
- 35. Plus
- 38. "You \_\_ what you eat."
- 39. First (Some claims)
- 40. Nova Scotia's big star on Groundhog Day, February 2nd:
- 2 wds. 44. Bob of comedy
- 45. Rainbow shape
- 46. Vassal
- 47. Female sheep 48. Vital life energy
- 49. Immense
- 51. The Supremes, for example
- 53. Milk: French
- 55. Shaggy creatures
- 59. Understated
- 61. Ribbon bow part
- 63. Sing-y syllable
- 68. Buckingham Palace stables, The Royal 69. Acreage

64. One: Italian [pl.]

- 70. Norse navigator
- 65. "Groundhog Day" 72. Hankerings (1993) star: 2 wds. 73. -Bismol Down 1. Dwells on
  - 2. Classic theatre 3. Seasoned yogurt dip of India
- Mr. Ericsson's 4. Fall from grace
- 5. Highlands tongue 6. Grammy and Oscar

32

33

39

43

62

70

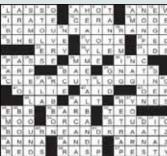
- 7. Story's topper 8. Portland's state, for
- short
- 9. Certain currency
- 10. East Side Mario's serving
- 11. Skilfulness
- the red carpet: 2 wds. 13. Actor Mr. Watanabe's 18. \_\_, New Mexico

12. Type of purse for

23. Metric measurements, mini-ly 25. The \_\_ (Area of Ottawa)

#### See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

- 27. Actress Ms. Paxton
- 30. Dined
- 32. Guided
- 34. Carlisle Cullen's wife in 'Twilight'
- movies
- 35. Tennis star Arthur 36. Rodgers & Ham-
- merstein fare: 2 wds. 37. Big sporting event
- this weekend: 2 wds.
- 38. Scene of NHL action in Toronto 39. Zeus, for one
- 41. "Uh-uh.
- 42. Husk 43. Elles opposites
- 48. Mil. officer 49. Some 'strings' in
- music 50. Mr. Egoyan
- 52. Linda Ronstadt
- hit: "\_\_ Easy": 2 wds. 54. Actor Tim
- 56. Take \_ \_\_ (Go vacationing)
- 57. Big name in food
- 58. Pull, as to give the word to get things
- done
- 59. Form of wrestling 60. Auction website
- 62. Stuff in orange
- juice 66. Hotness
- 67. Riddle-me-



#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

15

42

53

60

69

71. Norway's capital

38

49

18

25

29

48

#### Yesterday's Sudoku

7	4	9	2	1	5	6	3	ē
B	а	1	7	4	6	9	5	2
5	2	6	3	9	8	7	1	4
4	6	5	В	7	3	1	2	0
3	1	2	9	.5	4	8	6	7
9	8	7	1	6	2	5	4	2
6	5	8	4	2	7	3	9	1
2	9	3	6	8	1	4	7	5
Ť	7	4	5	3	9	2	8	6

		6			4	1		
4	1					7		
			2	1	8			
		5		7	1		3	
			6	4				
8		3	9		2			
		9	7	2				
	3					2	5	
	6	4			9			

#### Today



#### Saturday



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